

What is Bullying?

A bully is someone who hurts someone else by using behaviour which is meant to hurt, frighten or upset another person. It can aim to hurt a group of people or just one person and can be done by a group or just one person! This behaviour is repeated many times.



Emotional: Hurting people's feelings and leaving people out.

Physical: Punching, kicking, spitting, hitting and pushing.

Verbal: Being teased name calling

Cyber: saying unkind things by text, email and online.

Prejudice related: calling you names because of ethnicity, gender, or religion as examples.

When is it bullying?

Several
Times
On
Purpose



We will always treat bullying seriously.

Bullying is **not**...



- Accidents
- Little fall outs with friends
- Something that only happens once

However, you must **always** tell a teacher or adult if these things are happening.

Who can I tell?

- ✓ A Friend
- ✓ A Parent or Carer
- ✓ A Teacher
- ✓ A Teaching Assistant
- ✓ A Midday Supervisor
- ✓ A member of The Set
- ✓ Someone who I know and trust.

DON'T:-

- Do what the bully says.
- Get angry and try not to look upset.
- Hit, push, kick or hurt them
- Hide it.

MOST IMPORTANTLY:-
If you are being bullied:

Start

Telling

Other

People!

What should I do if I see someone else is being bullied?

- Tell an adult straight away.
- Don't get involved – you might end up getting hurt or you could end up in trouble yourself.
- Don't stay silent or the bullying may continue.

Miss Holmes, the Governors and all the staff will work together to:-

- Continue to make our school a place where everyone can feel safe and happy.
- Help our school to be bully free.
- Help everyone to get on with each other.
- Deal with any issues that you have, to help resolve them and make everyone feel happy.

What will happen to a bully?

Teachers will get involved and deal appropriately with the bully and the situation to help everyone feel happy and safe again.



Home – School Agreement



BULLY
FREE
SCHOOL

- ✓ I will continue to keep Brockwell Juniors a happy and friendly environment.
- ✓ I will do my best to help our school be bully free.
- ✓ I will tell an adult if I see bullying.
- ✓ If I am being bullied, I won't suffer in silence, I'll report it.
- ✓ I know the school will work with my parents to solve any issues that I have.

Brockwell Junior School



Anti-Bullying Policy

