

BROCKWELL JUNIOR PSHE PROGRESSION MAP

YEAR 3	YEAR 3	YEAR 3	YEAR 4	YEAR 4	YEAR 4	YEAR 5	YEAR 5	YEAR 5	YEAR 6	YEAR 6	YEAR 6
AUTUMN TERM	SPRING TERM	SUMMER TERM	AUTUMN TERM	SPRING TERM	SUMMER TERM	AUTUMN TERM	SPRING TERM	SUMMER TERM	AUTUMN TERM	SPRING TERM	SUMMER TERM

WHOLE SCHOOL ENRICHMENT THROUGH THE FOLLOWING:

PSHE MATTERS The Derbyshire PSHE Curriculum for Primary Schools- builds on the 3 core themes of Health and Well- Being; Relationships and Living in the Wider World. The 12 modules are taught over a 2 year period and then revisited for a second time in a spiral curriculum.

'**CLUED UP**' resource to supplement the Health and Relationships Education <https://www.servicesforeducation.co.uk/cluedup/> password cLu3DuP4g

5 Ways to Well-being – an on- going initiative to help pupils understand that mental wellbeing is part of daily life - Understand the benefits of a variety of activities for mental wellbeing - Identify where and how to seek support.

Safer Internet Day (every day) - Understand the benefits of the internet - Safety focus from 'Education for a Connected World'. - Identify how to report concerns and get support.

Cultural Diversity Day themes – Visits from Derby Open Centre - Recognise our different identities (and that families can be different) - Understand the dangers of stereotypes - Explore the Universal Declaration of Human Rights - Study a different culture.

Cultural Capital – experiences which expose children to wider cultural influences include: Field trips relating to learning challenges, Forest Schools, Residential visit, Theatre in school, Fund raising for the wider community, Sporting and Music and Arts events, Public speaking competition, Chesterfield in Bloom competition, visiting authors, artists, religious and community leaders






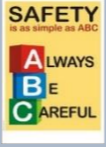






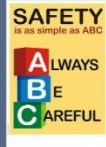


"Educating the Mind without educating the Heart is no education at all." Aristotle

PSHE Personal, Social, Health, Economic Education – Learning to lead confident, independent lives and to become informed, active and responsible citizens.

PSHE Matters TERM 1 Being Healthy	PSHE Matters TERM 3 Exploring Emotions	PSHE Matters TERM 5 Being Responsible	PSHE Matters TERM 1 Being Me	PSHE Matters Term 3 Changes	PSHE Matters TERM 5 Money Matters	PSHE Matters TERM 1 Being Healthy	PSHE Matters Term 3 Exploring Emotions	PSHE Matters TERM 5 Being Responsible	PSHE Matters TERM 1 Being Me	PSHE Matters Term 3 Changes	PSHE Matters TERM 5 Money Matters
Exploring what affects their physical, mental and emotional health.	Recognising a wide range of emotions in themselves and others.	Research, discuss and debate topical issues. – Identify why rules are needed in different situations.	- Exploring different kinds of responsibilities at school and in the community.	Understanding good and not so good feelings including their range and intensity.	Identify the role of voluntary and charity groups.	Exploring what affects their physical, mental and emotional health.	Recognising a wider range of feelings in others and how to respond appropriately.	Research, discuss and debate topical issues.	Exploring different kinds of responsibilities at school and in the community.	Explaining intensity of feelings.	Understand how finance plays an important part in people's lives.
Understanding the concept and benefits of a balanced healthy lifestyle.	Responding appropriately to a range of emotions in themselves and others.	Understanding that there are human rights to protect everyone.	Identifying what being part of a community means.	Developing an understanding that change can cause conflicting emotions.	Understanding different values and customs.	Understanding the concept and benefits of a balanced healthy lifestyle.	Recognising that their actions can affect themselves and others.	Identify why rules are needed in different situations.	Identifying what being part of a community means.	Exploring and managing the difficult emotions.	Understanding about being a critical consumer.
Identifying how to make informed choices.	Understanding their actions affect themselves and others.	Explore rights and responsibilities, rights and duties at home, school, community and the environment.	Appreciate the range of identities in the UK.	Exploring how to manage money.	Exploring how to manage money.	Exploring how we make choices about the food we eat.	Developing strategies to resolve disputes.	Understanding that there are human rights to protect everyone.	Identifying that differences and similarities between people arise from a number of factors.	Acknowledging and managing change positively.	Developing an understanding of the concepts of interest, loan, debt and tax.
Understanding what is included in a balanced diet.	Developing strategies to resolve disputes.	Develop skills to carry out responsibilities.	Listen and respond respectfully.	Explaining the importance of money in people's lives and how money is obtained.	Explaining the importance of money in people's lives and how money is obtained.	Identifying how to make informed choices.	Deepening their understanding of good and not so good feelings.	To understand there are some cultural practices against British law.	Identifying how resources are allocated and the effects on individuals, communities and the environment.	Managing transition to secondary school.	Identifying how resources are allocated and the effects on individuals, communities and the environment.
Understanding what may influence our choices.	Identifying strategies to manage emotions.	Explore how to resolve differences and respect others' points of view.	Identifying that differences and similarities between people arise from a number of factors.	Understanding the concepts of interest, loan, debt and tax.	Understanding the concepts of interest, loan, debt and tax.	Developing skills to make their own choices.	Extending emotional vocabulary.	Explore rights and responsibilities at home, school, community and the environment.	Developing enterprise skills.	Exploring and managing loss, separation, divorce and bereavement.	Developing enterprise skills.
Setting goals.	Deepening their understanding of good and not so good feelings.	Develop skills to carry out responsibilities.	Knowing where to go for help and how to ask for help.	Understanding enterprise and begin to develop enterprise skills.	Understanding enterprise and begin to develop enterprise skills.	Recognising how images in the media do not always reflect reality.	Exploring the intensity and range of feelings.	Develop skills to carry out responsibilities.	Practising asking for help and knowing where to go for help.	Recognising and managing dares.	Recognising and managing dares.
	Extending vocabulary to help explain the range and intensity of feelings.	Explore what being part of a community means and how they belong.				Setting simple but challenging goals.	Recognising when they experience conflicting emotions and how to manage these.	Explore others' points of view.			
	Recognising conflicting emotions.					Exploring what is meant by the term habit and why habits can be hard to change.		Explore what being part of a community means and how they belong.			

BROCKWELL JUNIOR PSHE PROGRESSION MAP

PSHE Matters TERM 2 Difference and Diversity	PSHE Matters TERM 4 Relationships	PSHE Matters TERM 6 Bullying Matters	PSHE Matters TERM 2 Drug Education	PSHE Matters TERM 4 Growing Up	PSHE Matters TERM 6 Being Safe	PSHE Matters TERM 2 Difference and Diversity	PSHE Matters Term 4 Relationships	PSHE Matters TERM 6 Bullying Matters	PSHE Matters TERM 2 Drug Education	PSHE Matters TERM 4 Growing Up	PSHE Matters TERM 6 Being Safe
	 NSPCC Speak Out Road Safety Workshops	 Open Water Safety Workshops & RNLI Workshops	 If you abuse drugs, they will abuse you	 Remember to stay safe. NSPCC Safe Speak	 Road Safety Open Water Safety		 NSPCC Safe Speak 	 Road Safety Open Water Safety	 If you abuse drugs, they will abuse you	 Indecent Images and the Law Workshop	 Fire Safety Workshop
Identifying how to listen and respond respectfully to a wide range of people. Recognising the differences and similarities between people, but understand everyone is equal. Recognising the nature and consequences of discrimination. Recognising and challenging stereotypes.	Recognising what constitutes a healthy relationship and develop the skills to form positive and healthy relationships. Recognising ways in which a relationship can be unhealthy and whom to talk to if they need support. Recognising different types of relationship. Understanding that actions affect themselves and others. Listening and responding respectfully. Understanding personal boundaries.	- Understanding that their actions affect themselves and others. Identifying the importance of working towards shared goals. Developing strategies for getting support for themselves or for others at risk. Identifying that differences and similarities arise from a number of factors. Understanding the nature and consequences of discrimination, teasing, bullying and aggressive behaviour (including cyberbullying, prejudice-based language, 'trolling'). Knowing how to recognise bullying and abuse in all its forms.	Recognising how to make informed choices. Understanding that people have different attitudes to risk. Recognising, predicting and assessing risks in different situations. Where to get help and how to ask for help. Distinguishing between safe and harmful and to know some substances can be harmful if misused. Learning rules about staying safe.	Learn that images in the media do not always reflect reality. Celebrate our strengths/ qualities. About the kind of changes that happen in life and the associated feelings. The right to protect our bodies. About differences and similarities between people, but understand everyone is equal. Recognise and challenge stereotypes. About the difference between acceptable and unacceptable physical contact.	Understanding how to make informed choices. Exploring how to recognise, predict and assess risks in different situations. Understanding that increased independence brings increased responsibility to keep themselves safe. Understanding how rules can keep them safe. Identifying where and how to get help. Developing strategies for keeping physically and emotionally safe in different situations. Understanding the importance of protecting information particularly online. Understanding how to become digitally responsible.	Identifying how to listen and respond respectfully to a wide range of people. Recognising the factors that make people the same or different. Recognising the nature and consequences of discrimination. Recognising and challenging stereotypes. Understanding the correct use of the terms sex, gender identity and sexual orientation.	Recognising what a healthy relationship is. Recognising ways in which a relationship can be unhealthy and whom to talk to if they need support. Recognising different types of relationship, including those between acquaintances, friends, relatives and families. Understanding the true meaning behind civil partnerships and marriage. Resolving conflicts. Recognising that forcing anyone to marry is a crime. Understanding about confidentiality and about times when it is necessary to break a confidence.	Understanding that their actions affect themselves and others. Developing strategies for getting support for themselves or for others at risk. Identifying that differences and similarities arise from a number of factors. Understanding the nature and consequences of discrimination, teasing, bullying and aggressive behaviour (including cyberbullying, prejudice based language, 'trolling'). Knowing how to recognise bullying and abuse in all its forms.	Knowing how to make informed choices. Identifying a range of drugs/substances and assessing some of the risks/effects. Identifying influences and when an influence becomes a pressure. Developing skills of how to ask for help. Identify basic emergency procedures. Understanding the term 'habit' and why habits can be hard to change.	Exploring how images in the media and online do not always reflect reality. Identify the intensity of feelings. Recognising conflicting feelings. That simple hygiene routine can prevent the spread of bacteria. Identify pressures and influences. Identifying qualities of a healthy relationship. About committed loving relationships. About differences and similarities between people, but understand everyone is equal.	Understanding how to make informed choices. Exploring how to recognise, predict and assess risks in different situations. Understanding that increased independence brings increased responsibility to keep themselves safe. Explaining how rules can keep them safe. Identifying where and how to get help. Understanding the term 'habit.' Developing strategies for keeping physically and emotionally safe in different situations. Understanding the importance of protecting information particularly online. Understanding how to become digitally responsible.

BROCKWELL JUNIOR PSHE PROGRESSION MAP

GROWING UP	GROWING UP	GROWING UP	GROWING UP
<p>Reinforce learning from Key Stage One)</p> <p>Recognise that individuality and personal qualities contributes to who we are.</p> <p>Explain how daily hygiene helps to reduce the spread of infection.</p> <p>Explain what privacy and personal boundaries are. Resource – NSPCC ‘Stay Safe, Speak Out’</p> <p>Recognise uncomfortable/ comfortable behaviour online/ offline. Resource – National Online Safety</p> <p>Know when it is right to break or keep a confidence or share a secret. Know how to ask for help.</p>	<p>Identify and respect similarities and differences between people.</p> <p>Use the correct vocabulary for parts of the body.</p> <p>Resource – ‘Clued Up’ animation and lesson plans ‘Boys and Girls’ (password protected)</p> <p>https://www.bbc.co.uk/bitesize/clips/zh2jmp3</p> <p>Understand what consent means and how to seek and give/ not give permission in different situations.</p> <p>Analyse when behaviour including physical touch is acceptable, unacceptable, wanted or unwanted in different situations.</p>	<p>Explore the human life cycle.</p> <p>Explore physical and emotional changes that happen during puberty.</p> <p>Know some key facts about growing up e.g. menstruation, erections and wet dreams.</p> <p>Identify the importance of keeping clean and how to maintain personal hygiene as they grow and change.</p> <p>Resource – ‘Clued Up’ animation Bits and Bobs, Sweat and Spots’. (password protected)</p> <p>https://www.bbc.co.uk/bitesize/topics/zxfrwmn/articles/zk4bqwx</p> <p>Identify basic facts about pregnancy and the reproductive organs.</p> <p>Explain how adults care for a baby during and after pregnancy.</p> <p>Explore a range of different families.</p> <p>Resource – ‘Clued Up’ Your Mummy Ate My Football (password protected)</p> <p>Books: <u>Your Mummy Ate my Football L James</u></p> <p>https://www.youtube.com/watch?v=96R5ovFpA3Y</p> <p>True Love Babette Cole</p> <p>Please note links with statutory requirements in Science - the Year 1 and 2 National Science Curriculum Programme of Study states that children should be taught to:</p> <ul style="list-style-type: none"> • Describe the life process of reproduction in some plants and animals. • Describe the changes as humans develop to old age. 	<p>Explore physical and emotional changes during puberty.</p> <p>Understand how babies are conceived.</p> <p>Identify the external genitalia and internal reproductive organs and how the process of puberty relates to human reproduction.</p> <p>Recognise different types of relationships.</p> <p>Reflect on the responsibilities of being a parent or carer and how having a baby changes someone's life.</p> <p>Resource – ‘Clued Up’ animation ‘Boys and Girls, Men and Women’. (password protected)</p> <p>Book - ‘Mummy Laid an Egg’ by Babette Cole</p> <p>Book - Where Willy Went’ by Nicholas Allan</p> <p>https://www.fpa.org.uk/sites/default/files/4you-growing-up-primary-school-booklet.pdf</p> <p>https://www.fpa.org.uk/sites/default/files/periods-what-you-need-to-know.pdf</p> <p>BOOK WHERE WILLY WENT</p> <p>Video: <u>Operation Ouch</u></p> <p><u>How Babies Grow</u></p> <p>https://www.bbc.co.uk/iplayer/episode/b075914k/operation-ouch-series-4-10-dont-panic-about-puberty-special</p>