


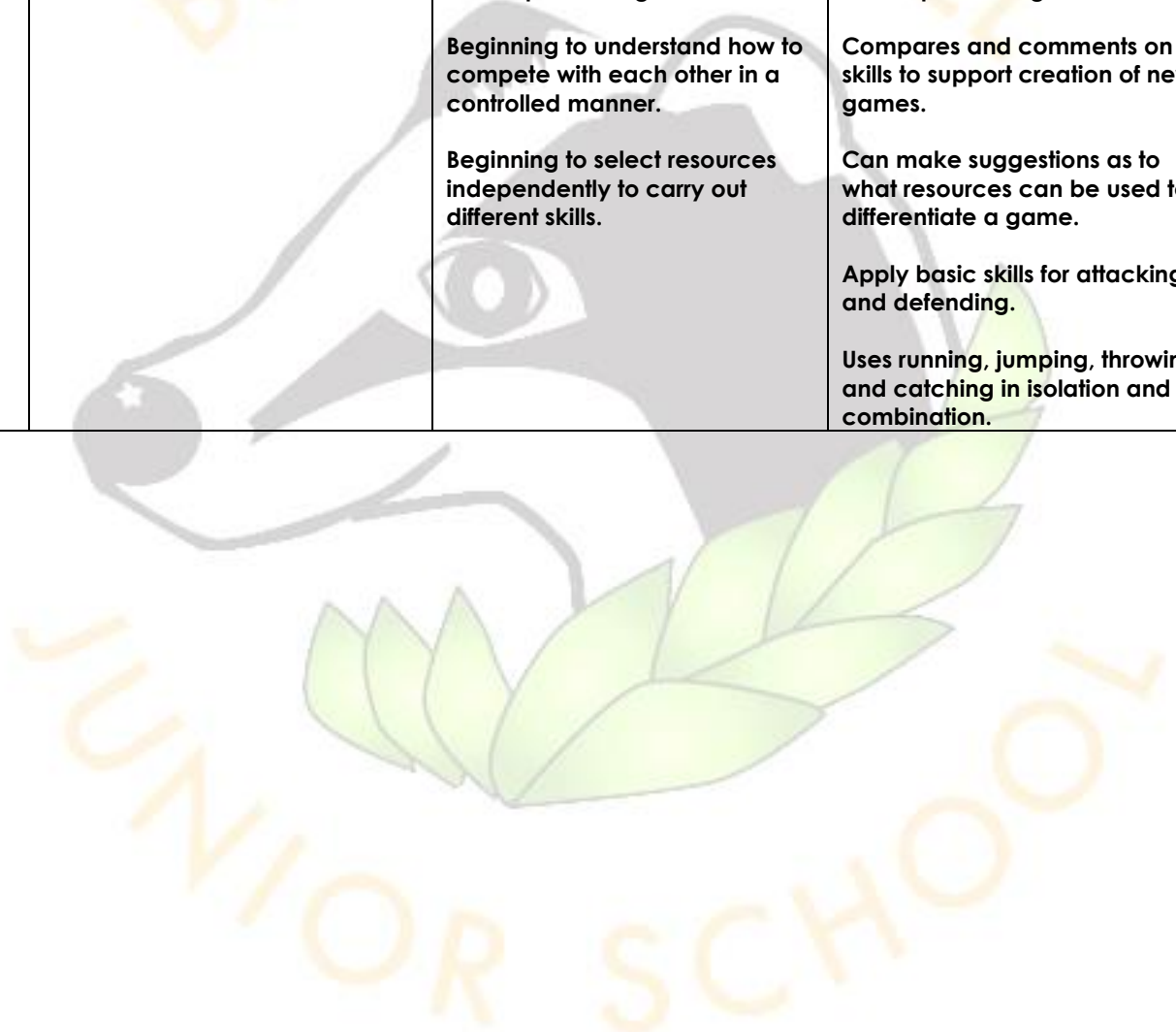
Attacking and Defending – basketball, netball, football, rugby, dodgeball

Key Skills		Personal Best	Learning to Lead	Assessment	Spirit of the Games
Skill	Description	<ul style="list-style-type: none"> Ball keepy uppies Bounce challenges Dribbling challenges Shooting 	<ul style="list-style-type: none"> Small groups Warm-up Warm-downs Use iPads to record performance 	<ul style="list-style-type: none"> Have a clear assessment criterion Vary the work assessing Allow time to respond Model responses Give examples of next steps Vary how assessment is encouraged (verbal / videoed) 	<div style="background-color: #ADD8E6; padding: 5px; font-size: 8px; margin-bottom: 5px;">The values of the School Games</div> 
attack	make a forceful attempt to score a goal or point or otherwise gain an advantage against an opposing team or player.				
defend	protect one's goal or wicket rather than attempt to score against one's opponents.		<ul style="list-style-type: none"> Skills to Play Sports LCP Tops REAL PE Val Sabin England Rugby SOW 		
throw	propel (something) with force through the air by a movement of the arm and hand.				
catch	intercept and hold (something which has been thrown, propelled, or dropped)				
dodge	avoid (someone or something) by a sudden quick movement.				

Year 3	Year 4	Year 5	Year 6	KS3
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<p>Health and Fitness Recognise and describe the effects of exercise on the body. Know the importance of strength and flexibility for physical activity. Explain why it is important to warm up and warm down.</p>	<p>Health and Fitness Describe how the body reacts at different times and how this affects performance. Explain why exercise is good for your health. Know some reasons for warming up and warming down.</p>	<p>Health and Fitness Know and understand the reasons for warming up and warming down. Explain some safety principles when preparing for and during exercise.</p>	<p>Health and Fitness Understand the importance of warming up and cooling down. Carry out warm-ups and warm-downs safely and effectively. Understand why exercise is good for health, fitness and wellbeing. Know ways to become healthier.</p>	<p>Vary skills, actions and ideas and link these in ways that suit the games activity.</p> <p>Shows confidence in using ball skills in various ways, and can link these together.</p>
<p>Can travel in a variety of ways including running and jumping.</p> <p>Beginning to perform a range of throws.</p> <p>Receives a ball with basic control.</p> <p>Beginning to develop hand-eye coordination.</p> <p>Participates in simple games.</p>	<p>Confident to send the ball to others in a range of ways.</p> <p>Beginning to apply and combine a variety of skills (to a game situation).</p> <p>Develop strong spatial awareness.</p> <p>Beginning to develop own games with peers.</p> <p>Understand the importance of rules in games.</p>	<p>Understands tactics and composition by starting to vary how they respond.</p> <p>Vary skills, actions and ideas and link these in ways that suit the games activity.</p> <p>Beginning to communicate with others during game situations.</p> <p>Uses skills with co-ordination and control.</p>	<p>Vary skills, actions and ideas and link these in ways that suit the games activity.</p> <p>Shows confidence in using ball skills in various ways, and can link these together. e.g. dribbling, bouncing, kicking.</p> <p>Uses skills with co-ordination, control and fluency.</p> <p>Takes part in competitive games with a strong</p>	<p>Uses skills with co-ordination, control and fluency.</p> <p>Takes part in competitive games with a strong understanding of tactics and composition.</p> <p>Can create their own games using knowledge and skills.</p>

	<p>Develop simple tactics and use them appropriately. Beginning to develop an understanding of attacking/defending.</p>	<p>Develops own rules for new games.</p> <p>Makes imaginative pathways using equipment.</p> <p>Works well in a group to develop various games.</p> <p>Beginning to understand how to compete with each other in a controlled manner.</p> <p>Beginning to select resources independently to carry out different skills.</p>	<p>understanding of tactics and composition.</p> <p>Can create their own games using knowledge and skills.</p> <p>Works well in a group to develop various games.</p> <p>Compares and comments on skills to support creation of new games.</p> <p>Can make suggestions as to what resources can be used to differentiate a game.</p> <p>Apply basic skills for attacking and defending.</p> <p>Uses running, jumping, throwing and catching in isolation and combination.</p>	<p>Can make suggestions as to what resources can be used to differentiate a game.</p> <p>Apply basic skills for attacking and defending.</p> <p>Uses running, jumping, throwing and catching in isolation and combination.</p>
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Assessment

Working Towards	Mastered	Greater Depth	Assessment Types – videos, observational, discussion

Notes for next unit

Notes for next unit

