

Dear Parents and Carers,

# Safeguarding Mental Health Matters

I'd like to take this opportunity to make you aware of 'Qwell'. Qwell is a digital hub providing online emotional support and counselling for parents and carers of children as and when they need it - 24 hours a day, 365 days a year. If you are looking for support but you are unsure about who to talk to – they are there to help.



O, NSPCC

# <u>Safeguarding – Online Safety</u>

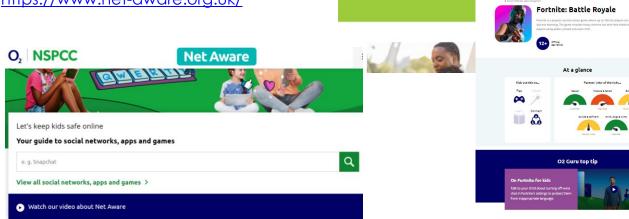
You may be interested to know that internetmatters.org has published a report called 'Vulnerable Children in a Digital World'.

This report also offers guidance on ways to support vulnerable children emphasising the introduction of specialised training and tools across all sectors to draw on the ability to identify the most likely online issues facing the highest risk children.

Our website has links to 'digital parenting' guides and you may also benefit from looking at the websites below.

http://esafetytraining.co.uk/parents/

https://www.net-aware.org.uk/



Please know that games such as Fortnite are rated for children older than 12 i.e. 12+

This NSPCC tool is great for finding information out such as privacy tips for any of the games in the search facility.

TRAINING WHAT WE DO PARENTS / CARERS ABOUT US CONTACT US Q

In partnership with parents, the whole school will deliver excellence at all levels with a clear mission to... be SAFE, SMILE and SUCCEED. Kindness - Honesty - Determination - Self-belief - Respect - Responsibility



# Poppy Appeal

At break time on Wednesday 23rd October and Thursday 24th October there will be items of stationery on sale to support The Royal British Legion Poppy Appeal. All items are 50p. If your child would like to purchase an item, please send the correct change in with your child on Wednesday or Thursday.

## November 11th 2019

On the morning of the 11<sup>th</sup>, Year 5 and 6 will be walking to the town hall to place a wreath during the Remembrance Ceremony. If you are available during the day to walk the children and would like more details, please would you get in touch as soon as possible. Thank you.

#### <u>Foodbank</u>

We've received a letter thanking you all for your generous Harvest food gifts. Our boxes weighed in at over 100 Kg so well done everyone.

"There continues to be a great need for emergency food supplies and your donation will make a difference."

#### DERBYSHIRE School Awards for Sport and Physical Activity

I'm so proud to share with you the news that we were winners in the Active and Healthy School category. Fraser Hipkiss was also the Volunteer of the Year whilst Nathaniel was given the Young Leader Award. I see the amount of work that goes into maintaining such high activity rates and participation of so many. Well done everybody. Special congratulations to the brilliant children who much deserve such a fantastic award.

As we move into the winter / spring, we have a new rota for playtimes. You can see just how active the children can be in their breaks. Children may also select 'BFG' Club in The Sett, IT or Library. In addition to these options, children sometimes do 'Jump Start Jonny' or the current school event – Stacking Cups, Boccia, Kurling...

Day	Track	Trim	Playground	Playground Two			
		Trail,	One				
		Tyres & Pavilion	Red Trolley & Skipping	Dodgeball	Basketball	Football	
Monday	All	Y6		Y5	Y3	Y6	
Tuesday	year	Y4	All year	Y4	Y6	Y5	
Wednesday	groups	Y3	groups	Y6	Y5	Y4	
Thursday		Y5	l <b>.</b>	Y5	Y6	Y3	
Friday		All		Y3	Y4	Y6	

Timetable for Active Playtimes

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## Modeshift Stars Travel Smart Week – 21st – 25th October 2019

The local authority records levels of sustainable travel to school. The School Sports Ambassadors will be promoting active and environmentally friendly ways to travel to school. This year, it is about encouraging pupils to step back in time. Look out for the exciting leaflet being sent home. The Ambassadors will complete the class surveys daily.

## Summer Holiday Maths Books 2019

If your child had a significant try at completing the summer maths books, please return them to school before this Thursday when we will recognise their efforts (Year 3, you will not have had one). Thank you

#### Thursday 10<sup>th</sup> October

It was <u>World Mental Health Day</u> on the 10<sup>th</sup>. Mr. Baker's Pug, Kai, spent the day with us as we shared our thoughts about what to do if we feel sad. We talked about having trusted people to talk to and that feelings of being low will often pass. We shared how animals often create a calm energy and provide company for so many people.

## Year 4 Assembly

Thank you to so many parents and carers for joining us and watching Sharman and Turing Classes present so much of their learning this term. The poems, pictures, maths, instruments and music were fantastic. Children, your homework challenges have been amazing. Thank you all for your super support. Well done everyone.

#### PFA Coffee Afternoon

Huge THANK YOU to the PFA for bringing so much colour to the hall on Friday. Once we know the amount raised, I'll send a text. Thank you for the buns and donations too.

The next PFA meeting is this Friday at 2.15pm to prepare for the disco, hampers, cards and events next term.

# Just a reminder that we break up at 3.25pm on Friday 25<sup>th</sup> October and school reopens on Monday 4<sup>th</sup> November at 8.50pm.

Best wishes,

Catherine Holmes